



# July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Meatballs w/Brown Gravy Seasoned Egg Noodles Whole Green Beans Milk Applesauce	2 Mac & "Trees" (Broccoli Florets) Regular & Whole Grain Pasta  Milk Apple Slices	Center Closed <i>Happy 4th of July!</i> 	
	6 French Toast w/Syrup Breakfast Ham Hash Brown  Milk Bananas & Cream	7 Cheese Quesadillas Salsa White Rice w/Beans & Corn  Milk Cantaloupe Wedges	8 Sloppy Joe on Roll Salad w/ Dressing Tator Tots  Milk Orange Slices	9 BBQ Chicken Nuggets Mashed Potatoes Green Peas  Milk Strawberry Topped Angel Cake	10 Spaghetti and Meat Sauce Steamed Carrots Warm Roll  Milk Oatmeal Cookie	
Yum! 	13 Fish Sticks Rice Pilaf Steamed Broccoli  Milk Honeydew Melon	14 Baked Ziti Cucumber Salad Warm Roll  Milk Vanilla Pudding	15 Turkey & Cheese Sandwich on Wheat Pineapple Chunks Pickle Wedges Milk Sunshine Cake	16 Chicken Nuggets Sweet/Sour Sauce Peas Brown Rice  Milk Watermelon	17 Grilled Cheese Baby Carrots w/Dip Pretzels  Milk Blueberries on Vanilla Ice Cream	
	20 Pasta Twists w/Meat Sauce Bread & Butter Cauliflower Florets  Milk Jello w/Pineapples	21 Chicken Patty w/ Gravy Mashed Sweet Potatoes Corn  Milk Brownies	22 Ham Sandwich on Wheat w/Lettuce Tator Tots Pickle Chips  Milk Apple Slices	23 French Bread Cheese Pizza Whole Green Beans Chips  Milk Lemon Cake	24 Waffles w/Syrup Hash Browns Yogurt  Milk Pineapple Chunks	
	27 Shepherd's Pie w/seasoned Hamburg, Corn, Mashed Potatoes and gravy  Milk Fruit Cup	28 Mac & Cheese Peas Wheat Roll  Milk Watermelon Chunks	29 Fish Sticks French Fries w/Ketchup Tartar Sauce Broccoli Florets  Milk Sherbet	30 Meatball Grinders w/Sauce on a hot dog bun Cucumber Slices w/Dip  Milk Chocolate Pudding	Yummy and Healthy! 